



# Population Health

**Nina Cornell Plata RN**

11/ 8/18





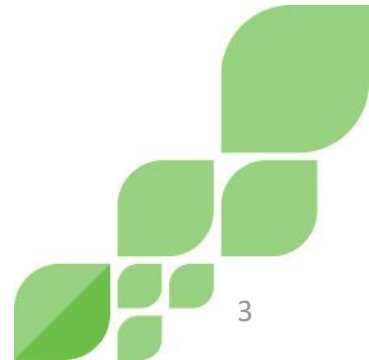
## Table of Contents

1. Why
2. Value Based Care versus Fee for Service
3. Current State
4. Future State

# Why

## Cost and Quality

- Baby Boomers
- Federal Deficit
- Cost of Health Care
- IOM – Triple AIM
- Gaps N Care
- Doing the right thing



# Change in The Way We do things

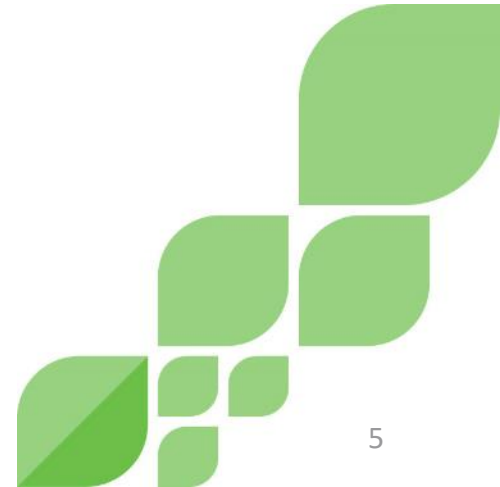
## Prevention



1. Value Based Care Versus Fee for Service
2. ACO (Accountable Care Organization)
3. MSSP

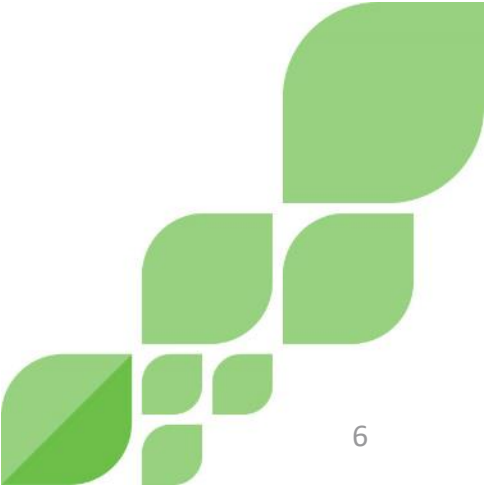
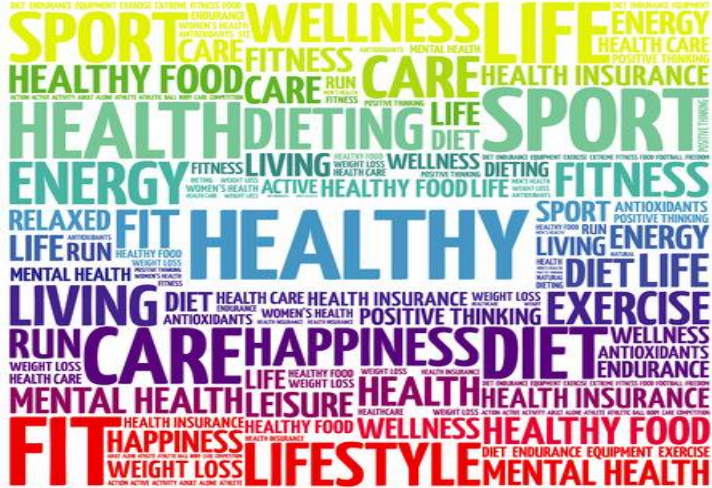
## Current State

- Partnering with community agencies (Mental Health, Karelink, Wellness Bridge Project, Kings Partnership for Prevention, Food Banks, and Respite Beds)
- Social determinant screening and home visits for at-risk and high utilizer patients
- Out Patient Care Management
- Telehealth
- Community Garden
- Food Prescriptions
- Complex Care
- Emergency Room Utilization
- Communities of Excellence 2026



# Future State

- PREVENTION
- Healthcare organization's focus will move toward outpatient
- Care Planning (Outpatient and online)
- Diet, food and exercise prescriptions
- Dietitians, Social Workers, Physical Therapists, and Coaches
- Churches partnering
- Blue Zones
- End of Life Discussions
- Wearables



Nina Cornell Plata RN  
VP Population Health  
Adventist Health  
[Platanc@ah.org](mailto:Platanc@ah.org)

